

Well-Being DRIVES Success

**Optimal Productivity - Vibrant Health - Passion and Joy
for Executives, Entrepreneurs and Change-Makers**

Megan McNealy
Well-Being
Thought Leader,
Speaker, Author

**Working
Americans' sense
of their overall
health and well-
being is declining.**

(Guardian's U.S.
Workforce Well-
Being Index™, 2017)

**High blood
pressure is affecting
1 in 3 adults**

(Center for Disease
Control, 2016)

**Over 80 types
of autoimmune
disorders are affecting
an estimated 50 million
Americans** (AARDA

American Autoimmune
Related Diseases Assn.,
2016)

Megan McNealy
WELL-BEING DRIVES SUCCESS
body mind & spirit in business and life



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Megan McNealy believes vibrant well-being and high performance are undeniably connected. During her 20-year career as an award-winning wealth advisor, stress and imbalance crushed her health. In response, she created a revolutionary new framework for well-being, the Well-Being Wheel®, that completely revived her health and life. With her customized plan, she not only began to thrive, she more than tripled her income. Inspired, she interviewed dozens of other senior leaders who also are driving performance at work from a core center of well-being, and she shares not just her own story but their life-changing success strategies as well. Her goal is to help everyone customize their own, perfect Well-Being Wheel®, so that they may live to their fullest potential.

What Others are Saying:

"Megan has created what I think is one of the most comprehensive models of what total well-being looks like. If you want to have vibrant well-being, with the body, mind and spirit all working together, this is the woman to go to."

- Jack Canfield,
CEO Canfield Training Group,
NY Times Bestselling Author
of *The Success Principles*
and originator of the
Chicken Soup for the Soul Series

"I have known Megan for many years. She is a powerhouse speaker - with a rare combination of professionalism, enthusiasm and the ability to inspire."

- John Thiel, Vice Chairman,
Global Wealth and Investment
Management, Bank of America

Megan McNealy is a vibrant well-being thought leader, sharing her expertise as a professional keynote speaker, writer and wellness consultant. Also an Ivy League-educated senior wealth advisor, Megan has focused on helping senior corporate executives for the past 20 years. Megan speaks to corporate audiences and interested groups nationwide. She also reaches and inspires followers through her blog and social media platforms. Megan's upcoming book, *Reinvent the Wheel: How To Maximize Total Well-Being For Standout Success in Business and Life*, will soon be available nationwide.

Speaking Topics Include:

 **Up-Level:** How the Connection between Well-Being and Success Creates Optimal Productivity, Perfect Health and Joy

 **Burnout:** The Hidden Stressor and Your Strategy for Getting the Upper Hand

 **Harnessing One's Healing:** Six Ways to Tap into Your Immense Personal Power

 **The Making Of the Vibrant CEO:** How Top Execs Among Us are Pushing Well-Being to the Max